

# 2025 Music City Women's Heart Symposium

Presented by  
Ascension Saint Thomas Office of Continuing Medical Education

**Saturday, September 13, 2025**

Ascension Saint Thomas Hospital Midtown  
2000 Church Street, Nashville, Tennessee 37236



**Ascension Saint Thomas**



# 2025 Music City Women's Heart Symposium

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## Course Information

Please join us in-person or virtually for the inaugural Ascension Saint Thomas Music City Women's Heart Symposium, focused on advancing cardiovascular care for women. Taking place in the heart of Nashville, this symposium will feature leading experts discussing the unique challenges and innovations in women's heart health across all stages of life. Attendees can expect thought-provoking keynotes, insightful panel discussions, and the latest updates in prevention, diagnosis, and treatment — all through the lens of women's health. This education is designed to support the needs of physicians, nurse practitioners, physician assistants, and other healthcare professionals in the specialties of cardiology, cardiothoracic surgery, internal medicine, primary care, obstetrics and gynecology, maternal fetal medicine, neurology, and emergency medicine who are involved in the care of women with or at risk for cardiovascular disease.

## Agenda

7:00 a.m. **Conference Check-In and Breakfast**

8:00 a.m. **Welcome and Course Introduction**  
*Nishtha Sareen, MD, MPH, FACC, FSCAI*

### Session One: Her Coronaries are Different - State of the Art Approach in 2025

8:15 a.m. **Keynote: Gender Disparities in Clinical Trials**  
*Nanette K. Wenger, MD, MACC, MACP, FAHA*

8:35 a.m. **SCAD, MINOCA, INOCA, and ANOCA**  
*Nishtha Sareen, MD, MPH, FACC, FSCAI*

8:45 a.m. **Non-Invasive Imaging in Women with Chest Pain - Role of CCTA**  
*Andrew O. Zurick, III, MD, FACC, FASE, FSCMR*

8:55 a.m. **Myocardial Infarction, Cardiogenic Shock, and Acute Coronary Interventions in Women**  
*Carlos E. Alfonso, MD, FACC, FSCAI*

9:05 a.m. **Same Surgery, Different Story: Sex Differences in Cardiac Surgery - Evidence and Implications**  
*Amber M. Edwards, MD*

9:15 a.m. **Panel Discussion**  
*Nanette K. Wenger, MD; Carlos E. Alfonso, MD; Clayton A. Kaiser, MD; Jimmy L. Kerrigan, MD; Hady T. Lichaa, MD; Ramya S. Suryadevara, MD*

9:45 a.m. **Break**

### Session Two: Childbearing Years, Perimenopause, and Beyond: The Role of Partnership

10:15 a.m. **Keynote: Insights into Cardiovascular Diseases in Women: Lessons and Innovations**  
*Dipti Itchhaporia, MD, MACC, FAHA, FESC, FRCP*

10:35 a.m. **Cardio Obstetrics: Non-Traditional Risk Factors for Cardiovascular Disease in Women**

*Hannah L. Fish-Trotter, MD*

10:45 a.m. **Cardio Obstetrics: The Role of the Maternal Fetal Medicine Specialist**  
*Cornelia R. Graves, MD, FACOG*

10:55 a.m. **The Heart of Hormone Replacement**  
*Stephen R. Clendenin, MD*

11:05 a.m. **Panel Discussion**  
*Dipti Itchhaporia, MD; Lisa S. Bellin, MD; Hallie K. McNew, NP-C; Sasan Ryan Raissi, MD; Joseph M. Sharpe, MD; Susan R. Wright, NP-C*

11:30 a.m. **Lunch**

### Session Three: Cardiac Care Throughout a Woman's Life

12:00 p.m. **Advances in Pulmonary Hypertension and Heart Failure**  
*Jessica H. Huston, MD*

12:10 p.m. **Understanding Arrhythmias: Clinical Opportunities in Recognizing for the Female Population**  
*Hitesh M. Patel, FNP-C*

12:20 p.m. **Cardiovascular Risk Assessment in Women**  
*Britten F. Young, MD*

12:30 p.m. **Keynote: How to Thrive as a Woman in Medicine**  
*Toniya Singh, MD, FACC*

12:50 p.m. **Panel Discussion**  
*Toniya Singh, MD; Jonathan Gandhi, MD; Elias V. Haddad, MD; Daniel W. Kaiser, MD; Deborah Kerrigan, MD; Rachel Mehr, MD; Robert Andrew Pickett, MD*

1:20 p.m. **Closing Remarks**

1:30 p.m. **Adjourn**

This symposium has been endorsed by the Tennessee Chapter of the American College of Cardiology.



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CHAPTER  
AMERICAN COLLEGE  
of CARDIOLOGY®



**Ascension**  
**Saint Thomas**

## Accreditation and Credit Statements

Ascension Saint Thomas is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Ascension Saint Thomas designates this live activity for a maximum of 4.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 4.75 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Successful completion of this CME activity enables the learner to earn credit toward the CME requirements of the American Board of Thoracic Surgery's Maintenance of Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABTS credit.

Allied Health Professionals and other learners will receive a Certificate of Participation following this course.

## Symposium Planners and Faculty

### Course Director

#### **Nishtha Sareen, MD, MPH, FACC, FSCAI**

Interventional Cardiologist  
Director, Women's Heart Program  
Ascension Saint Thomas Heart  
Associate Professor, Department of Clinical Medical Education  
University of Tennessee Health Science Center College of Medicine

### Keynote Presenters

#### **Dipti Itchhaporia, MD, MACC, FAHA, FESC, FRCP**

Eric & Sheila Samson Endowed Chair in Cardiovascular Health  
Director of Disease Management  
Hoag Memorial Hospital Presbyterian  
Newport Beach, CA  
Clinical Professor, University of California, Irvine  
Past President, American College of Cardiology

#### **Toniya Singh, MD, FACC**

Managing Partner, St Louis Heart and Vascular  
Governor, Missouri Chapter of the American College of Cardiology  
Immediate Past Chair - National Cardiovascular Management Council of the ACC

#### **Nanette K. Wenger, MD, MACC, MACP, FAHA**

Professor of Medicine (Cardiology) Emeritus  
Emory University School of Medicine  
Consultant, Emory Heart and Vascular Center  
Founding Consultant, Emory Women's Heart Center

### Associate Course Directors, Planners, Faculty, and Panelists

#### **Carlos E. Alfonso, MD, FACC, FSCAI**

Interventional Cardiologist  
Director of Chronic Total Occlusion and Complex Percutaneous Coronary Intervention  
Baptist Health Miami Cardiac & Vascular Institute

#### **Lisa S. Bellin, MD, FACS**

Breast Surgeon  
Ascension Saint Thomas Medical Partners  
Interim Program Director, General Surgery Residency  
Associate Professor, Department of Clinical Medical Education  
University of Tennessee Health Science Center College of Medicine

#### **Angel Chandler, BSN, RN**

Director of Advanced Cardiac Programs  
Ascension Saint Thomas Heart

#### **Stephen R. Clendenin, MD**

Obstetrician and Gynecologist  
Ascension Saint Thomas  
Assistant Professor, Department of Clinical Medical Education  
University of Tennessee Health Science Center College of Medicine

#### **Amber M. Edwards, MD**

Cardiothoracic Surgeon  
Ascension Saint Thomas Heart West  
Assistant Professor, Department of Clinical Medical Education  
University of Tennessee Health Science Center College of Medicine

#### **Hannah L. Fish-Trotter, MD**

Cardiologist  
Ascension Saint Thomas Heart  
Assistant Professor, Department of Clinical Medical Education  
University of Tennessee Health Science Center College of Medicine

#### **Jonathan Gandhi, MD**

Cardiac Electrophysiologist  
Ascension Saint Thomas Heart Midtown  
Assistant Professor, Department of Clinical Medical Education  
University of Tennessee Health Science Center College of Medicine

#### **Cornelia R. Graves, MD, FACOG**

Medical Director, Tennessee Maternal Fetal Medicine  
Director of Perinatal Services, Ascension Saint Thomas  
Co-Director, Collaborative Perinatal Cardiac Center  
Professor, Department of Clinical Medical Education  
University of Tennessee Health Science Center College of Medicine  
Clinical Professor, Vanderbilt University  
Adjunct Professor, Meharry Medical College

#### **Elias V. Haddad, MD, FACC, FSCAI**

Interventional Cardiologist  
Associate Program Director, Cardiovascular Disease Fellowship Program  
Assistant Professor, Department of Clinical Medical Education  
University of Tennessee Health Science Center College of Medicine  
Co-Director, Saint Thomas Research Institute  
Co-Director, Advanced Coronary Therapeutics Program  
Ascension Saint Thomas Heart West

#### **Jessica H. Huston, MD**

Medical Director, Cardiac Transplant  
Advanced Heart Failure, Pulmonary Hypertension, and Cardiac Transplant  
Ascension Saint Thomas Heart West  
Assistant Professor, Department of Clinical Medical Education  
University of Tennessee Health Science Center College of Medicine

**Clayton A. Kaiser, MD**

Cardiothoracic Surgeon  
Director, Aortic Center  
Ascension Saint Thomas Heart

**Daniel W. Kaiser, MD**

Cardiac Electrophysiologist  
Ascension Saint Thomas Heart Midtown  
Assistant Professor, Department of Clinical Medical  
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University of Tennessee Health Science Center College of  
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**Deborah Kerrigan, MD**

Assistant Professor of Neurology  
Division of Vascular Neurology  
Vanderbilt University Medical Center

**Jimmy L. Kerrigan, MD, FACC, FSCAI, FASNC, RPVI**

Interventional Cardiologist  
Co-Director, Advanced Coronary Therapeutics Program  
Co-Director, Pulmonary Embolism Response Team  
Ascension Saint Thomas Heart West  
Chair, Ascension Chronic Total Occlusion Interventional  
Cardiology Affinity Group  
Assistant Professor, Department of Clinical Medical  
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**Hady T. Lichaa, MD, FACC, FSCAI, FSVM, RPVI**

Interventional Cardiologist  
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**Lisa Liou, BBA, RN**

Clinical Program Coordinator  
Ascension Saint Thomas

**Hallie K. McNew, NP-C**

Cardiovascular Surgery  
Ascension Saint Thomas Heart Rutherford

**Rachel Mehr, MD**

Family Medicine Physician  
Ascension Saint Thomas Medical Partners Lenox Village  
Regional Medical Director  
Ascension Saint Thomas Medical Partners

**Hitesh M. Patel, FNP-C**

Cardiac Electrophysiology  
Ascension Saint Thomas Heart Midtown

**Robert Andrew Pickett, MD, FACC, FHRS**

Cardiac Electrophysiologist  
Ascension Saint Thomas Heart Midtown  
Assistant Professor, Department of Clinical Medical  
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**Sasan Ryan Raissi, MD**

Cardiologist, Advanced Cardiovascular Imaging  
Ascension Saint Thomas Heart West  
Assistant Professor, Department of Clinical Medical  
Education  
University of Tennessee Health Science Center College of  
Medicine

**Joseph M. Sharpe, MD**

Psychiatric Medical Director, Ascension Saint Thomas  
Midtown and West  
Chief Medical Officer, Ascension Saint Thomas Behavioral  
Health

**Ramya S. Suryadevara, MD**

Interventional Cardiologist  
Ascension Saint Thomas Heart Rutherford  
Assistant Professor, Department of Clinical Medical  
Education  
University of Tennessee Health Science Center College of  
Medicine

**Colleen B. Vanderkolk, DO**

Neurologist  
Ascension Saint Thomas

**Susan R. Wright, NP-C**

Cardiology  
Ascension Saint Thomas Heart Midtown

**Britten F. Young, MD**

Cardiologist  
Founder, Young Cardiology

**Andrew O. Zurick, III, MD, FACC, FASE, FSCMR**

Preventive & Imaging Cardiologist  
Medical Director, Cardiovascular CT & MRI  
Ascension Saint Thomas Heart  
Assistant Professor, Department of Clinical Medical  
Education  
University of Tennessee Health Science Center College of  
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**Register Online**  
**ast.cloud-cme.com**

To register, please scan the QR code or visit our website, [ast.cloud-cme.com](http://ast.cloud-cme.com). If you had an account on our previous site and are accessing this site for the first time, please click "Sign In" and "Forgot Your Password?" to reset your password. If you have never received credits from AST CME, please create a new account. Registration fees include food, beverages, and educational presentations. If you do not receive a confirmation email upon registration, please email [Katlyn.Mallicoat@ascension.org](mailto:Katlyn.Mallicoat@ascension.org). **We will not be able to accommodate walk-in registrations.**



If you register to attend virtually, joining instructions and conference details will be emailed to you the week of the conference.

### Financial Disclosures

Ascension Saint Thomas is committed to providing CME that is balanced, objective, and evidence-based. In accordance with the Accreditation Council for Continuing Medical Education Standards for Integrity and Independence in Accredited Continuing Education, all individuals who have the opportunity to control content are required to disclose any financial relationships within the past 24 months with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. Ascension Saint Thomas has established mechanisms to mitigate relevant financial relationships. Disclosure of relevant financial relationships with ineligible companies will be provided to learners prior to the activity.

### Special Accommodations

Ascension Saint Thomas believes that participation should be available for all individuals. If you are in need of individualized accommodations, please contact the Ascension Saint Thomas Office of Continuing Medical Education at [astcme@ascension.org](mailto:astcme@ascension.org).

### Nashville Lodging

**Registrants are responsible for making their own reservations.** Below is a list of hotels near Ascension Saint Thomas Hospital Midtown.

**Hampton Inn Vanderbilt** (0.3 Miles)  
1919 West End Ave., Nashville, TN 37203 - 615-329-1144

**Loews Vanderbilt Plaza Hotel** (0.5 Miles)  
2100 West End Ave., Nashville, TN 37203 - 615-320-1700

**Holiday Inn Nashville-Vanderbilt** (1.1 miles)  
2613 West End Ave., Nashville, TN 37203 - 615-327-4707

# 2025 Music City Women's Heart Symposium

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## Registration Form for Email, Fax, or U.S. Mail

### 2025 Music City Women's Heart Symposium

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Name \_\_\_\_\_

\_\_\_ MD \_\_\_ DO \_\_\_ NP \_\_\_ PA \_\_\_ RN

\_\_\_ Other \_\_\_\_\_

Email \_\_\_\_\_

Specialty \_\_\_\_\_

Telephone (\_\_\_\_\_) \_\_\_\_\_

Practice Name \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

#### In-Person Attendance

\_\_\_\_\_ \$140.00 Physician  
\_\_\_\_\_ \$110.00 Other Learner (NP, PA, RN, Other)  
\_\_\_\_\_ \$50.00 Resident/Fellow/Student  
\_\_\_\_\_ \$0.00 UTHSC Nashville Resident Physician/Fellow  
\_\_\_\_\_ \$0.00 \_\_\_\_\_ ID Number  
Ascension Saint Thomas Non-Physician Associate\*

#### Virtual Attendance

\_\_\_\_\_ \$125.00 Physician  
\_\_\_\_\_ \$95.00 Other Learner (NP, PA, RN, Other)  
\_\_\_\_\_ \$35.00 Resident/Fellow/Student  
\_\_\_\_\_ \$0.00 UTHSC Nashville Resident Physician/Fellow  
\_\_\_\_\_ \$0.00 \_\_\_\_\_ ID Number  
Ascension Saint Thomas Non-Physician Associate\*

\*If you register as an Ascension Saint Thomas Non-Physician Associate for \$0.00 and you are not able to attend, you must cancel your registration by Friday, August 29th. **If you do not cancel by August 29th, you will be invoiced a fee of \$25.00.** If you wish to cancel, please email [astcme@ascension.org](mailto:astcme@ascension.org).

#### Charge to:

Card Number \_\_\_\_\_

Expiration Date \_\_\_\_\_ Security Number (CVV) \_\_\_\_\_

Billing Address (if different than above) \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Signature \_\_\_\_\_

#### Payment Options:

- **Scan and Email form to** [Katlyn.Mallicoat@ascension.org](mailto:Katlyn.Mallicoat@ascension.org)
- **Fax form to** (615) 222-6464
- **Make check payable to Ascension Saint Thomas and mail with form to:**  
Continuing Medical Education  
Ascension Saint Thomas Hospital West  
4220 Harding Road  
Nashville, TN 37205

#### Cancellation Policy

If it is necessary to cancel your registration, please email [astcme@ascension.org](mailto:astcme@ascension.org) by Friday, August 29, 2025. We will refund your fee less \$25.00. No refund will be given after Friday, August 29, 2025.

*If you happen to receive more than one brochure, please share with a colleague. Thank you!*





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